

**You can join in the  
fight against  
dysautonomia.**

**Yes,** I want to support the  
Dysautonomia Information  
Network by making a tax  
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DINET  
PO Box 55  
Brooklyn, MI 49230

Donations can be made via  
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Dysautonomia Information Network  
PO Box 55  
Brooklyn, MI 49230




**Dysautonomia**



**There is help  
for people with  
this puzzling  
disorder**


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**Dysautonomia is a term used to describe abnormal functioning of the autonomic nervous system.**

The autonomic nervous system is the master regulator of organ function throughout the body. It is involved in the control of heart rate, blood pressure, temperature, respiration, digestion and other functions vital for survival. A person suffering from dysautonomia may experience a wide array of seemingly unrelated symptoms. Many people with dysautonomia have difficulty standing due to abnormal fluctuations in blood pressure and heart rate. Symptoms are often life altering and can render a person unable to attend school or work.



[www.dinet.org](http://www.dinet.org)

**The Dysautonomia Information Network**

**(DINET)** is a 501(c)3 nonprofit organization dedicated to helping people with dysautonomia. DINET provides extensive information on the following two disorders:

**Postural Tachycardia Syndrome**

Often referred to as "POTS," this disorder is characterized by an excessive increase in heart rate upon standing. Patients frequently suffer from a wide variety of debilitating symptoms. Research shows people with POTS have a quality of life similar to those with congestive heart failure.

**Neurocardiogenic Syncope**

Often referred to as "NCS," this disorder is characterized by an episodic fall in blood pressure and/or heart rate, which can lead to fainting.

**DINET** also helps people with many other disorders associated with autonomic dysfunction.

**DINET helps by:**

- ◆ Providing educational material to patients and physicians around the world
- ◆ Sponsoring a worldwide program that puts both patients and caregivers in touch with others in their vicinity who have been affected by dysautonomia
- ◆ Maintaining a moderated online forum where members can make friends and discuss topics related to dysautonomia
- ◆ Directing patients to supportive resources in their communities
- ◆ Publishing a quarterly newsletter dedicated to providing members with the latest findings in research and treatments
- ◆ Surveying physicians around the world to find doctors interested in treating dysautonomia patients

**And much more....**

